



### Islands Living Well Network (Mull and Iona, Tiree, Coll and Colonsay)

04/08/2022

#### **Encouraging News**

Funding has been found for the 8 Living Well Networks across Argyll and Bute to continue till the end of the current financial year. During the second half of this financial year, the Health Improvement Team would like to work with the Network Coordinators to find a sustainable way forward.

### **Network Meetings**

Due to a clash with LPG, the next Islands Living Well Network meeting has been moved to Tuesday 30<sup>th</sup> August from 1 till 3pm. Guest speakers will be

Gill McShea, Development Officer with the Paths for All, Walking For Health Team will be sharing information about free membership and Walk Leader training, available to constituted groups.

Gillian McInnes from Social Security Scotland who will be updating us about Adult Disability Payment which replaces PIP on 29<sup>th</sup> August

Rory Munro from the Public Health Team. The team are presenting their findings from a community consultation about how the pandemic has impacted on people's wellbeing, and their ability to get support. They hope to stimulate conversation around what support is needed in Argyll and Bute, this will help inform their response to the <u>Scottish Government's consultation on their Mental Health</u> and Wellbeing Strategy it will also help shape future local work in this area.

There will be time for partner updates and we will be planning the next 2 Islands Living Well Network meetings.

# Still a challenge on the Islands.....

MSP Jenni Minto received a reply from HSCP which she forwarded to me and I have circulated around the Islands. I have gathered feedback and by the time you are reading this, I hope to have replied to Jenni with more specific questions for HSCP about Dentist provision on the Islands.

# Business as usual for now.....

Information will continue to be forwarded from mainland based Network Partners (currently 100) to Island based Network Members (currently 85).

Please pass on my contact details to anyone on the Islands who might like to join the Islands Living Well Network (Mull and Iona, Tiree, Coll and Colonsay).

Please also pass on to any potential, mainland based Network Partners who might like to share information across the Islands (Mull and Iona, Tiree, Coll and Colonsay).

Many Thanks Carol Flett <u>tcmhwn@gmail.com</u> 07753218327